

Examples of questions that invite exploration and expanding understanding of another

Some ideas for questions that invite exploration and expanding the understanding of another. (Over time you will make up many of your own—the opportunities are limitless. We would love to hear some of the ones you come up with).

You will be amazed at how these questions can start conversations.

- What legacy do you hope our kids take from our family?
- In what ways have I had a positive influence on your life?
- If you only had 15 minutes to live, what would you want to make sure I knew about you and me?
- What are some of the experiences that have made you who you are today?
- What do you see as some of your most important strengths and how did they help you in your life?
 - (bonus question)—since our weaknesses are sometimes our overdone strengths, when does this strength of mine present as a weakness or limitation?
- When was a time you felt really close to me? How can you imagine we could create more of that?
- What is your favorite thing about being my partner?
- When did you first know you loved me? When did you know I loved you back?
- What is one of your favorite memories from childhood?
- What would be your favorite meal (forget about calories or healthy—go for total indulgence).
- What is one of your favorite memories of us?
- Where would you want to take me on a date if money were no object?
- What is an ordinary action or behavior of mine that you enjoy?